

A MESSAGE FROM

Father Vincent



Saint Sebastian
Parish



One of the "big" events in a life of a priest is his priestly ordination. For some, they would even celebrate their ordination anniversary rather than their birthday. We cannot of course discount the great significance of a birthday since everything starts when we are born. It is also an opportunity for the parishioners to remember their priest in their prayers, which is very important.

It is also a good occasion to promote vocation to the religious life. On the 11th of March will be my 23rd Sacerdotal Anniversary (March 11, 2002). Let it be in the bulletin and I would love that even the school kids start to learn how to do or offer a Spiritual Bouquet. It is good that we teach them while they are young. I would encourage also that we remember the ordination anniversary of our priests, those who have served as our administrators or pastors or parochial vicars so we can remember them in our prayers as well as our bishop.

God bless,

Fr. Vincent

WHAT IS A SPIRITUAL BOUQUET?

Put quite simply, spiritual bouquets are devotional acts and prayers said on behalf of someone and their intentions. These spiritual gifts are usually noted on a card of some sort. Why Bouquet? Each individual act is like a spiritual flower that when gathered with other acts and prayers becomes a bouquet. Isn't that such a beautiful idea? Who wouldn't want to receive such a gift!

What Devotional Acts and Prayers to Include?

Receiving Communion

Time in Adoration

Making 1st Friday or 1st Saturdays

Act of Charity

Act of Self-Denial

Hearing Mass

Litanies

Chaplets

Rosaries

Our Father, Hail Mary, Glory Be

Memorare

Novena

Acts of Faith, Hope and/or Love

These Spiritual Bouquets (just like a real floral bouquet) are appropriate to give to anyone at any time. Who doesn't want prayers and acts of devotion said on their behalf?

From: Elizabeth Clare B