

“You disregard God’s commandment but cling to human tradition.”



Jesus points out today that holiness does not come merely from following religious rules, regulations or rituals, which easily become tedious and meaningless. The grace and love of the Lord touches our hearts first, and then He motivates the way we think, speak and act toward others. It comes from the inside (the heart) out, not the reverse.

If I only love you because I have to, that is not really love. It’s duty and a chore.

When it comes from a loving heart, it makes all the difference in the world. Deep down we know this, but often we just do the minimum – merely following the rules. Christ’s message is always to go deeper inside to make sure that our motivation is rooted in His love for us.

“Lord, help me to know and love you and others with all my heart!”